COMPREHENSIVE INDEX

by Miriam Greer, A.I.H. Executive Secretary

A Comprehensive Index of articles appearing in the Journal of the American Institute of Hypnosis since its inception may be found on the following pages, divided into three main sections.

Section I is an Index of Authors, including all persons having contributed to the Journal. Section II is a general Subject Index, listing all articles by major fields of interest. Subject headings in Section II are listed alphabetically; in both sections, the volume and issue numbers precede the title of each article.

Section III includes a listing of the dates of publication for each issue of each volume, together with an order form for purchasing back-issues of the Journal, as well as a subscription form for entering or renewing subscriptions.

Following the Index is a listing of the books currently available through the American Institute of Hypnosis Book-Order Service and a form for purchasing any of the books listed therein. This listing too, is divided into three sections. Section I of the Combined Book List and Order Form lists recommended books on hypnosis with reviewer's remarks on each; each book in this Section is graded according to its worth and is coded for beginner's books, authoritative books and for reference to back-issues of the Journal where complete book reviews appear. Section two lists, alphabetically by title, the books listed in Section I together with over one-hundred other texts on hypnosis and related fields which may be ordered through the Institute Book Service. Section III is an order form for purchasing any of the books listed in Sections I and II.

The Institute has received numerous requests for a complete index to articles appearing in back-issues of the Journal and is pleased to present the following listing to Journal readers. Reprints of both the Index and the Book List are available and may be obtained by writing to the Journal.

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Vol. 1, No. 1 — The Problem Clinic

(To be Continued in Vol. 8, No. 2, April, 1967)

HARRY THE HYPNOTIST

But, Harry, I'm not just giving you a negative suggestion; you ARE *a very sick hypnotist.*

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COMBINED BOOK LIST AND ORDER FORM

(Continued from Volume 8, Number 1)

SECTION I

Recommended Books on Hypnosis with Reviewer's Remarks

* Recommended

** Highly Recommended

*** Most Highly Recommended

**** Best Recommendation

B - Especially Recommended for Beginners, as well as Advanced Students

A - Best in a Particular Field of Hypnotic Endeavor, i.e., the Authoritative Work

R - See Complete Review in Journal of the A.I.H. (See Journal Index for Volume Number)

pb - Available in Paperback Only

(#) - Number of listing in Section II for ordering purposes

SECTION II

Other Recommended Books on Hypnosis
Listed Listed Alphabetically, by Title

SECTION III

Order Form

SECTION I

HYPNOTISM AND THE POWER WITHIN **** A, B (63)
Dr. S. J. Van Pelt

The first and most complete book by Dr. Van Pelt on the subject of hypnotism. Dr. Van Pelt is recognized as the world's leading authority on the subject of hypnosis, having practiced for over fifteen years exclusively in this specialty in London. His book is remarkably clear and easily read; his conclusions are sound and the book is most highly recommended.

THE LEGAL ASPECTS OF HYPNOSIS **** A, B, R, (101)
William J. Bryan, Jr., M.D., J.D., F.A.I.H., F.A.C.M.H.

Provocative and instructive, this book is the leading authoritative work on hypnosis and the law. The review in the American Bar Association Journal states, "A detailed analysis of a California psycho-killer, including the reports of the psychiatrist, psychologist and the medical hypnotist, strikingly reveals the value of such analyses in actual law practice. With actual case histories, Dr. Bryan demonstrates the effectiveness of the regression process in ferreting out the hidden, unconscious motivation in criminals and other disturbed personalities. He offers practical suggestions as to the use of direct, and the even more effective indirect suggestion, in such areas as memory training, jury persuasion, and night driving. Dr. Bryan, as the first American physician confining his practice to hypnosis as his specialty, deserves a wide, intelligent, and attentive hearing. This is an unusual and stimulating book." A must for all attorneys.

THE RELIGIOUS ASPECTS OF HYPNOSIS **** A, B, R (106)
William J. Bryan, Jr., M.D., J.D., F.A.I.H., F.A.C.M.H.

The leading authoritative book in its field. Although published recently, it has already become a textbook, in use by a number of Theological Seminaries. Reverend Burnett states in his foreword, "This book explains the soul and spirit of man and his relationship to God in a way that gives each reader a clear idea of how to exert an effort toward his Creator." This is of great interest to the Minister, and the layman as well, who wants to live a fuller, better and more useful life.

HANDBOOK OF HYPNOTIC TECHNIQUES **** A, B, R (115)
Garland H. Fross, D.D.S., F.A.I.H.

This book is a masterpiece of literature on hypnosis. It is practical, simple, and straight-forward, excellent for the beginner as well as the advanced students. Although its emphasis is primarily in dentistry, it contains a good deal of the material develoepd by Dr. William J. Bryan, Jr., in his courses in teaching medical and dental hypnosis. Refined and simplified by Dr. Fross, this material, together with a great deal of his own techniques in office procedure, has been combined carefully and thoughtfully into one of the most clear, concise, and informative books which has ever appeared in the literature on hypnotism. The author skillfully shows you step-by-step what to say and what to do. In a brilliant thesis, the author sets forth, word-for-word, exactly how to discuss prosthetics in dentures with patients, and his chapter on hypnosis for children leaves no doubt that Dr. Fross is indeed an expert in handling all sorts of youngsters. All his described techniques are so simple and easy to use and so cleverly devised that anyone who has read this book cannot help but have improved his approach to hypnosis on all levels. The book is highly recommended for everyone with an interest in the field of hypnsosis.

MIND OVER PLATTER **** A, B, R (116)
Peter Lindner, M.D., F.A.I.H., F.A.C.M.H.

MIND OVER PLATTER is without a doubt the leading book on hypnosis and obesity. Dr. Lindner and his wife-nurse Daisy have pioneered the field of hypnosis and obesity and are probably the world's leading experts on it. Both of them, having successfully conquered their own weight problems, are living examples as testimony to the fact that mind over platter really works. Dr. Lindner carefully and thoroughly covers the entire field of suggestion and obesity including many useful and unique methods for suggesting away the adipose tissue. Recommended.

POINT SYSTEM FOOD PROGRAM *** A, B, R (117)
Peter Lindner, M.D., F.A.I.H., F.A.C.M.H.

This little booklet is a helpful adjunct to MIND OVER PLATTER and is especially useful in counting calories. Dr. Lindner cleverly points out with both pictures and words how most people are unaware of true caloric values.

HYPNOSIS IN CRIMINAL INVESTIGATION *** A, R (118)
Harry Arons

Harry Arons is probably the leading authority on hypnosis in criminal investigation in this country. Not only has he had many cases of his own, but he has compiled authoritative case histories from friends, associates, and physicians who have utilized hypnosis in the criminal investigating field. His book is both authoritative and comprehensive dealing with many varied problems on hypnosis and criminal investigation. Mr. Arons, an expert in the field of hypnosis and juvenile delinquency and a member of the New Jersey committee to fight this problem, has adequately covered the field of investigation in his comprehensive and very readable book. Must for attorneys.

THE NEW SELF-HYPNOSIS **** A, B, R (119)
Dr. Paul T. Adams

Dr. Paul Adams has written a new book on self hypnosis, a wonderfully practical book that outlines the techniques necessary to master self hypnosis easily, correctly, and safely. He is especially qualified to do this, because of his vast knowledge of psychology and religion, together with his excellent background of training and experience in hypnotism for many years. It is in reality a book on how, in these troubled times, to live, to enrich one's life in hundreds of ways, to begin a new set of habit patterns and stick to them by means of hypnotism. Recommended.

MODERN HYPNOSIS: KEY TO THE MIND *** A, B (75)
Dr. S. J. Van Pelt

Another book by the author of "Hypnotism and the Power Within." Clear and more concise than the former volume. Dr. Van Pelt has written over a dozen books, all of which are excellent.

THE STUDY OF HYPNOSIS *** B (109)
Albert Moll

An older book this work is, nevertheless, an excellent beginner's book that is easy reading and sprinkled with fascinating case histories. It is most highly recommended for all students of hypnosis.

PSYCHOSOMATIC GYNECOLOGY *** (82)
Dr.'s Kroger and Freed

A well-written book in the field of hypnotism and gynecology. Dr. Kroger is a well-known Los Angeles gynecologist utilizing hypnotism in his field of practice.

HELPING YOURSELF WITH SELF HYPNOSIS *** A, B, R (28)
Frank Caprio, M.D. and Joseph Berger

An excellent book on self hypnosis which is highly recommended for anyone interested in this aspect of hypnotism. Foreword by William J. Bryan, Jr., M.D., J.D.

HYPNOTHERAPY IN CLINICAL PSYCHIATRY ** A (57)
Harold Rosen, M.D.

Dr. Rosen's book is important primarily because of the powerful political position which the author holds as the head of the American Medical Association Committee on Hypnosis. Paradoxically speaking, however, most responsible authorities on hypnosis, both in the United States and abroad, do not accept Dr. Rosen's views on hypnosis and he "stands alone,' as it were, with many of his theories. Nevertheless. the book is worth reading for the sake of its completeness, and the fact that it is written by a well-known psychiatrist whose views have great political influence prevent the book from being ignored.

HYPNODONTICS: HYPNOSIS IN DENTISTRY *** A, B (38)
Aaron A. Moss, D.D.S.

Another excellent work on hypnosis in dentistry. Clear language, excellent photographic illustrations, all contribute to making the text a must for every dentist.

MEDICAL HYPNOSIS VOLUME I *** A (72)
MEDICAL HYPNOSIS VOLUME II *** A (73)
Wolberg, M.D.

The above two volumes comprise the best collection of medical reference material on hypnosis to date. Although intended as primarily a reference work, it is not encyclopaedic in character and, in fact, is reasonably readable. These books cannot be compared to Van Pelt's writings for readability and clarity of thought but the two volumes are, however, a must for the library of every physician who utilizes hypnosis in his practice.

SECRETS OF HYPNOSIS *** pb (89)
Dr. S. J. Van Pelt

Contains excellent new material on hypnosis, together with a large group of case histories from Dr. Van Pelt's specialty practice.

MASTER COURSE IN HYPNOSIS *** A, B, R (70)
Harry Arons

This book is one of the best books outlining an actual course in hypnosis, written by a layman who has been active in the field of hypnosis for over 30 years. It is straightforward and easily understood. It is remarkably free from the irrelevent, superficial dubious material which so often pads out books of this subject. Especially recommended to attorneys and hypno-technicians.

A PRACTICAL GUIDE TO SELF HYPNOSIS *** B, R, pb, (6)
Melvin Powers

Clear, brief, this inexpensive paperback edition was especially written for the individual wishing to learn more about self-hypnosis without any previous knowledge of the subject. Although the author tends to be over enthusiastic, we recommend the book highly to persons who are without previous knowledge of hypnosis.

ANTISOCIAL OR CRIMINAL ACTS AND HYPNOSIS ** (3)
Paul J. Reiter, M.D.

Although overpriced, Dr. Reiter's book is primarily a description of the famous Copenhagen case and is excellent reading for attorneys and others concerned with hypnosis and the law.

HYPNODYNAMIC PSYCHOLOGY * A (39)
Milton V. Kline

Dr. Kline's book is thick, heavy reading. It is not recommended as a beginner's book, but is fascinating as a philosophical treatise, for which Kline (a doctor of Education) is better known. Good recommended additional reading.

HOW TO DEVELOP A SUPER POWER MEMORY ** (30)
Harry Loraine

Although Mr. Loraine is neither a physician nor a hypnotist, he utilizes many hypnotic techniques, such as image visualization, in his book on memory training. It is a good book, entertaining, well-written, and worthy of your careful attention.

NEW CONCEPTS OF HYPNOSIS ** pb (77)
Bernard Gindes, M.D.

An interesting book published within the last several years, relating Gendes' experience as a general practitioner and psychiatrist with hypnosis; valuable.

PSYCHOSOMATICS AND SUGGESTION THERAPY IN DENTISTRY ** (84)
Jacob Stolzenberg, D.D.S.

An excellent second book for dentists. Stolzenberg's book rates second only to Dr. Moss' authoritative work in the field. Good reading.

HANDBOOK OF SELF HYPNOSIS ** A, B, R (27)
Harry Arons

An excellent book for the physician who wishes to maintain a patient's ability to be hypnotized and for those medical men who wish to enable the patient to reinforce suggestions which have been given him. An important work.

TECHNIQUES OF HYPNOTHERAPY ** R (94)
Les LeCron

Divided into two parts: Part I covers the subject of hypnosis adequately but assumes some previous knowledge on the part of the reader. Part II concerns the application of hypnosis in the various specialties and the different chapters are written by individual physicians specializing in that field.

CLINICAL AND EXPERIMENTAL HYPNOSIS ** (12)
William S. Kroger, M.D.

A new book on various phases of the use of hypnotism in medical and surgical practice. Recommended.

FREUD AND HYPNOSIS * (21)
Milton V. Kline

Excessively wordy but interesting additional reading of some historical value.

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